





Disposable Glove Procedures

Donning Gloves

- » Wash hand before putting gloves on.
- » Remove all jewelry from hands.
- » Pick up one glove with the right hand
- » Line the thumb side of the glove up with the thumb side of the left hand
- » Slip the open end of the glove over the left hand and thumb
- » Stretch the palm side of the glove with the right hand, pulling the glove on to finger level.
- » Position the fingers of the glove in line with the fingers of the left hand.
- » Pull the remainder of the glove onto the left hand.
- » Repeat procedure for other hand.
- » Proceed with activity requiring gloves.

Removing Gloves

To remove gloves without spreading contamination, never touch your skin with the outside of either glove. Follow these steps:

 <p>1.</p> <ul style="list-style-type: none">• Grasp the palm of one glove near your wrist.• Carefully pull the glove off.	 <p>2.</p> <ul style="list-style-type: none">• Hold the glove in the palm of the still-gloved hand.• Slip two fingers under the wrist of the remaining glove.
 <p>3.</p> <ul style="list-style-type: none">• Pull the glove until it comes off inside out.• The first glove should end up inside the glove you just took off.• Dispose of the gloves safely.	 <p>4.</p> <ul style="list-style-type: none">• Always wash your hands after removing gloves. Gloves can have holes in them that are too small to be seen.

Do's and Don'ts of Glove Use

- » Work from clean to dirty—this will help prevent contamination
- » Don't touch your face or adjust PPE with contaminated gloves
- » Don't touch environmental surfaces – doorknobs, keyboards, computer mouse.
- » Change gloves when heavily soiled or if they are torn.
- » Discard gloves after use, never wash or reuse disposable gloves.