# TRANSPORTATION DISTRICT 140 DISTRICT DES TRANSPORTS 140 

International Association of Machinists and Aerospace Workers

## NOTICE

 IAMAW AIR CANADA MEMBERSHIP EFAP PROGRAM UPDATE OCTOBER 2, 2023Dear Brothers and Sisters,
We are writing to you on behalf of the EFAP team to clear up some misunderstanding about the status of the program. We want to assure you that the program is still active and accessible to all our members across the country per our Collective Agreement Article 120.18. However, due to the reduction of funding from the El rebate, we are no longer able to provide the extra benefit for consultations with a psychologist. Despite this, your EFAP Coordinators as well as the local EFAP Representatives are still ready to assist you with the necessary resources to support your well-being.

The goal of employee assistance programs is to address issues, problems, and/or conditions, which may interfere with an employee's health or work performance. Conditions, which may interfere with an employee's health or work performance. The services offered to the employee are also available to his/her family members. Such problems may relate to substance abuse, financial difficulties, parenting, or a variety of other personal matters.

If you need to get in touch with one of your Representatives, please contact one of the 3 Regional Coordinators and they will be able to direct you to the Representative nearest to your area:

- Western (BC, AB, SK, MB,): Lizz McWilliams, Email: lizmcwilliams@iam764.ca Tel: 604-992-4491
- Central (Ontario): Todd Doyle, Email: efap@iamaw2323.ca Tel: 416-882-6997
- Eastern (QC, NB, PE, NS, NF): Jessy Morales, Email:efapyul@aimta1751.ca Tel: 514-972-4095

In solidarity,
EFAP Regional Coordinators

